

Beetitudes

WEEKLY MEAL PLAN

MARCH 16-22

RECIPE

Chinese Cabbage Salad

SHOPPING LIST

Mandarin oranges

rice vinegar

soy sauce

tahini

pure cane sugar

grated ginger

chili paste

Red cabbage

kale

julienne carrots

red bell peppers

unsalted roasted peanuts

green onions

Loren Miller