

# *Beetitudes*

WEEKLY MEAL PLAN

MARCH 11 - 17

## FOR ME

Roasted Cauliflower Tortilla Soup

## FOR MY SONS

Coconut Shrimp

Roasted squash

Fries

## SHOPPING LIST

Cauliflower  
chipotle peppers in adobo  
bell pepper  
jalapeno  
yellow onion  
garlic  
enchilada sauce  
vegetable broth  
black beans  
1 lime  
tortilla chips

Coconut shrimp  
zucchini  
summer squash  
potatoes

